

## **BIAC Uncoached Pilot's Test**

In order for an uncoached crew to use a BIAC 4x/4-, the rower in the **bow seat** must have passed this Pilot's Test to the satisfaction of an experienced BIAC coach or qualified BIAC leader.

**The Bow Person in the quad or straight four is the pilot and responsible for:**

1. All **safety and compliance** issues in both *knowledge and practice*. This includes but is not limited to signed waivers, lights, logbook, traffic pattern, rules of the waterway, cell phone, how to handle a shell and crew in distress.  
See [http://www.gobair.org/programs/safety\\_and\\_care/index.html](http://www.gobair.org/programs/safety_and_care/index.html)
2. **Safe handling** of the shell and crew at the racks, in the yard, on the docks, and on the water while both in motion and while at rest or turning.
3. **Commands** must be clear, audible, and understood at all times.
4. **Proper navigation** from the BIAC docks to the wires and back with NO help.
5. Unlocking and **locking the 4xs/4-** and keeping the combination confidential.

### **Pilot's Test Check List**

- **Racking:** Proper calls for hands-on and maneuvering of the shell in the rack bays.
- **Boatyard:** Proper hands-on, sling, and in motion attention and commands. Rough entry into slings or clipping the bow and/or stern on anything/one is prohibited.
- **Docks:** Safe handling of the shell on the ramp, on the docks, and in/off the water. Special attention should be given to the skeg and rudder as well as the bow/stern.
- **Launching:** Is it timely and safe with respect to other crews on/off the water? Are commands into and out of the shell clear, safe, and well timed? Did the shell launch with proper equipment (water, sun protection, cell phone, cycling mirror)?
- **Commands:** Clear, concise, and understood by the crew at all times.
- **Course:** Is the [proper course](#) followed gracefully from BIAC to the wires? Is a heading sought before starting to row? How often are changes needed while rowing?
- **Objects:** Is an appropriate distance kept from channel markers, docks, tidal shallows, other boats, and median zones? How many and where are the channel markers?
- **Conditions:** Were factors such as wind, tide, and waves handled well?
- **Traffic:** What course changes are made and how well are wakes handled?
- **Landing:** How safely do they approach the docks given conditions? Is the bow ball or shell impacted? Are wind, tide, and other traffic considered?
- **Emergencies:** How to handle a flipped or swamped boat? What floats?
- **Equipment:** Was it all washed, stowed, and locked properly?
- **Log Book:** was it used before and after the row?