

Usage Requirements for the Quad/Straight Four
BIAC 4x/4-Policy – Spring 2008

1. **Coached:** The **Bow seat should be an experienced *rower***. If not, a coach must be with the boat at all times (racks, yard, and water). It is preferable that at least 2 people are experienced rowers, and that the bow have passed the BIAC [Pilot's Test](#).
2. **Uncoached:** The **Bow seat must be an experienced *pilot***, as deemed by passing the **BIAC [Pilot's Test](#)**. Anyone may sit at the stroke, 3, and 2 seats, but at least one of them must also be an experienced rower. A cell phone must also be on board.
3. **Steering:** The quad steers from the bow seat by either the toe of the bow seat's right shoe or from bow commands such as 'left turn' or 'even power'. It is recommended that the bow seat wear a cycling mirror to see ahead through the bow.
4. **Log Book:** Use the log book in the Log Shed is mandatory, coached or uncoached.
5. **Rack Lockdown:** To ensure that these use requirements are met, only coaches and rowers who have passed the BIAC [Pilot's Test](#) have the rigger lock combination.
6. **Damage:** The entire crew shares responsibility and liability for any damages due to carelessness and disregard of the above rules or basic safety.

Other considerations:

- A 4-/4x should be **respected** as faster and less sighted shell.
- **Prior** experience in a single or 2- is not automatic pilot experience in a 4x/4-.
- **Separate** Pilot's Tests are needed for 4x use and 4- use.
- The order of **responsibility** in 4x/4- is: Coach, **Bow**, Stroke, Crew. In most other shells the order is Coach, Cox, Stroke, Bow, Crew.